



## ***Financial Nutrition® for Young Women* wins a bronze medal in the 2018 IPPY Awards!**

(April 17, 2018—Santa Barbara, CA)—Congratulations to Praeger author Melissa Donohue for winning an Independent Publisher Book Award! Ms. Donohue earned a bronze medal in the category of Finance/Investment/Economics for ***Financial Nutrition® for Young Women: How (and Why) to Teach Girls about Money***.

Since 1996 the IPPY Awards have been recognizing the best work from independent publishers in a variety of categories. For the complete list of medalists, visit [www.independentpublisher.com](http://www.independentpublisher.com).

**A powerful resource for all women who want a better understanding of financial empowerment, this book provides an easy-to-follow approach for adults to teach girls about money—and for girls to do some learning on their own.**

*Financial Nutrition® for Young Women: How (and Why) to Teach Girls about Money* addresses the two critical levels that are necessary to truly eradicate women's economic inequality: what to teach girls and what women need to learn. Authored by a financial educator who is also a mother and a teacher, this book is for people who care about teenage girls—parents and other family members, educators, financial advisors, troop leaders, camp directors, and community organization leaders.

**Melissa Donohue**, EdD, is president and founder of Financial Nutrition®, a nonprofit organization focused on girls' financial literacy and economic empowerment, and has more than 20 years of experience in finance, financial journalism, and financial education. Donohue earned a doctorate in education from the University of Massachusetts, Amherst; a master's degree in international affairs with a specialization in international banking and finance from Columbia University; and a bachelor's degree in government from Oberlin College.

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***Financial Nutrition® for Young Women*** is available in hardcover and ebook formats, on Amazon and the ABC-CLIO web site.

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Ebook 978-1-4408-5231-2

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